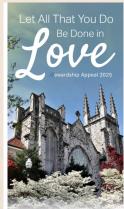
The SJLC Minute October 2024



At St. John's Lutheran Church, we love inclusively, grow spiritually, and serve faithfully. We embrace ministry in downtown Knoxville, seeking to meet the needs of families who live in neighborhoods around the church, collaborate with local businesses, and respond to those in need, all in the heart of the mission district.

This year's three ministry initiatives include: expanding ministry programming for all ages, building communications impact, and exploring creative expressions of evangelism. We will incorporate these expressions of ministry into our current ministry plan budget.

Important dates to remember include Commitment Sunday on October 27 and Celebration Sunday Lunch and Ministry Fair on November 17.

We've got something exciting in the works for November, and we need you to be a part of it! I can't give too much away just yet, but trust us—it's going to be fun, and we want everyone included!

Here's what we need from you:

Please send us a current picture of yourself (or your household if you live with others). It can be a solo shot, a family pic, or even one with your pets! We'd love to see those smiling faces.

Simply email the photo along with the names of who's in the picture to Toni by October 27th. Her email is

toni@sjlcknox.org That's all we can say for now, but we promise it will all come together in a special way. Thank you for being part of this fun and meaningful project!



DR. MARK LEMAY, PASTOR AMY FIGG, AND ST. JOHN'S LUTHERAN CHURCH PRESENTS

COMMUNITY CONVERSATIONS

October 17 ... The Gift of Margin October 24 ... Pillars of Self Care October 31 ... Healthy Boundaries



EACH SESSION RUNS FROM 2:30 TO 4:00 PM

544 N. Broadway
Please enter at the glass door near the courtyard.
You can use the gold call box to ring the church office.

An Invitation for You

You are invited to participate in a three-session conversation concerning self-care. I will join Dr. Mark LeMay, our partner in ministry who sees clients at St. John's each week.

We look forward to learning together as we consider the following topics:

- The Gift of Margin
- The Pillars of Self-Care
- Healthy Boundaries

Please let me know if you have any questions.

Peace and Love, Pastor Amy

CALENDAR

Oct. Church Council Meeting

15 Yoga Class

Oct. Community Conversation

Highways and ByWays

Kickball Adult Co-ed

Team³

Oct. 22nd Sunday after

20 Pentecost

*Nursery

*Children ... Music, Lesson,

Snack, and Craft

*Youth ... Games and

Spiritual Gains

*Parents ... Coffee and

Conversation about The Art

of Neighboring

*Adults ... Manna & Mercy

Study

Knoxville Area Youth

Gathering²

Oct. Undivided

21 Staff Meeting

APATT Feeding Ministry

Oct. VMC Carry the Torch*

24 Community Conversations

Highways and ByWays

Kickball Adult Co-ed Team

SJLC Vision Statement

Love inclusively.

Grow spiritually.

Serve faithfully.



Sending Thanks:

Last month we focused inward with the "Gratitude Project". This month, we invite you to turn that outward with our "Sending Thanks" project! Blank thank you cards are available in the Welcome Center for you to write notes of gratitude to anyone you'd like. This is a chance to express your appreciation and share the love of Christ through simple, heartfelt messages. Bring your completed cards back next month, and we'll mail them for you.



A word of thanks to all who worked together to provide items for ten buckets that are being assembled Sunday, October 20 and delivered next week.

In a meeting last night, Joe learned our neighbors no longer need water or diapers. The current needs are carbon monoxide detectors, chainsaws,

small heaters, and hot hands. Additionally, there is need for NEW wool socks, blankets, jackets and coats, and gloves and hats. Finally, there is a need for OTC meds that are unopened and indate.

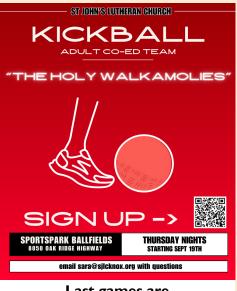
Joe will reach out about the process for collection and distribution with local Lutheran churches.



B.E.E.R. in October

B.E.E.R. (Brothers Engaged in Enriching Relationships) will meet at The Barrelhouse by Gypsy Circus at 621 Lamar St. on Tuesday, October 29 at 6:00. So come and grab a bite, a brew or cider, and share your upcoming holiday adventures. Barrelhouse also serves non-alcoholic beverages so there should be something for everyone.

Questions? Contact Garry Menendez <u>menendez@utk.edu</u> or Matt Whitehead <u>mattdwhitehead@gmail.com</u>. Hope to see you there!



Last games are
October 17 and 24 at 6:30 PM.
Come and cheer wildly!

It's Fall Y'all, so let's enjoy the season together with a Harvest Festival on Sunday, October 27 after the second service!

We'll gather in the courtyard and fellowship hall for nostalgic fall activities like **bobbing for apples**, **pumpkin painting**, **cornhole**, and plenty of cozy treats like **cider and spiced donuts**.

Pie contest for best homemade pie? You betcha!

Everyone is welcome!

Be sure to invite friends to share in the festivities.



Let All You Do be Done in Love...